



*We welcome you to our beautiful community  
and wish you a good morning*

**“The Fisherman’s” \$10.99**

Homemade baked beans and fish hash  
served with green tomato chow and a homemade roll

**“The Traditional” \$11.99**

Two farm fresh eggs, any style; with choice of bacon **or**  
homemade fish cakes **or** sausage links  
served with breakfast potatoes and toast  
Add an extra egg for only \$.99

**“The Captains Breakfast” \$17.99**

Three farm fresh eggs, any style; with bacon, homemade fish cakes **and** sausage links  
served with breakfast potatoes and toast

**“Belgian Waffles” \$11.99**

two golden brown Belgian waffles served with bacon and maple syrup  
served with breakfast potatoes

**“Steak & Eggs” \$24.99**

two farm fresh eggs, any style and a 6oz. AAA Striploin steak charbroiled how you like  
served with breakfast potatoes and toast

**“Lox & Bagel” 10.99**

a toasted bagel spread with low fat cream cheese  
with Nova Scotia smoked salmon on the side

**“The Sou’ Wester Breakfast Parfait” \$8.99**

delicious and nutritious. A layer of mixed field berries,  
vanilla yogurt and crunchy granola clusters

**“The French Connection” \$13.99**

two slices of French toast served with choice of bacon **or**  
homemade fish cakes **or** sausage links  
served with breakfast potatoes and Nova Scotia maple syrup

**“Breakfast Bagel Sandwich” \$11.99**

a toasted bagel topped with two fried eggs, bacon, tomato, lettuce and a cheese slice  
served with breakfast potatoes



*We welcome you to our beautiful community  
and wish you a good morning*

### **A LA CARTE SELECTIONS**

**Eggs, any style 1 Egg \$1.49 2 Eggs \$2.49**  
(Egg whites available upon request)

**Breakfast Meats** bacon (3 slices), homemade fish cakes (2 cakes)  
or sausage links (2 links) **\$3.49**  
**Homemade Baked Beans \$4.99**  
**Green Tomato Chow \$1.49**

**Breakfast Bread** Toast (2 slices), buttered toasted bagel (1) **\$3.49**  
**Hot Oatmeal** with brown sugar **\$2.49**  
**Breakfast Potatoes \$3.99**

**Toasted Bagel with low fat cream cheese \$4.49**

### **BEVERAGES**

**Coffee** locally roasted and fresh ground coffee **\$2.49**  
**Tea Regular \$1.99 Decaf and Specialty Teas \$2.19**

**Juice** apple, orange, cranberry, grapefruit or tomato **Sm. \$2.49 Lg. \$3.99**  
**White or Chocolate Milk Sm. \$2.49 Lg. \$3.99**

### **ESPRESSO**

<b>Espresso</b>	<b>\$2.49</b>	<b>Americano</b>	<b>\$2.49</b>
<b>Steamer</b>	<b>\$3.49</b>	<b>Chai Latte</b>	<b>\$3.49</b>
<b>Latte</b>	<b>\$3.49</b>	<b>Cappuccino</b>	<b>\$3.49</b>
<b>Café Mocha</b>	<b>\$4.49</b>	<b>Flavour Shot</b>	<b>\$.87</b>