



**We welcome you to our beautiful community and wish you a good morning!**

**The Fisherman's Breakfast \$12.99**

Homemade baked beans and salt fish hash

Served with green tomato chow and a homemade roll

**The Traditional Breakfast \$12.99**

Two farm fresh eggs, any style; with choice of bacon or homemade fish cakes or sausage links

Served with breakfast potatoes and toast

Add an extra egg for only \$.99

**The Captains Breakfast \$18.99**

Three farm fresh eggs, any style; with bacon, homemade fish cakes and sausage links

Served with breakfast potatoes and toast

**Steak and Eggs \$26.99**

Two farm fresh eggs, any style; with a 6oz. Angus Striploin Steak charbroiled to order

Served with breakfast potatoes and toast

**Lox and Bagel \$12.99**

A toasted bagel spread with low fat cream cheese; with Nova Scotia Smoked Salmon on the side

**The Sou' Wester Breakfast Parfait \$8.99**

Delicious and nutritious. A layer of mixed field berries, vanilla yogurt

and crunchy granola clusters

**The French Connection \$12.99**

Two slices of French Toast served with choice of bacon or homemade fish cakes or sausage links

Served with breakfast potatoes and maple syrup

**Breakfast Bagel Sandwich \$12.99**

A toasted bagel topped with two fried eggs, bacon, tomato, lettuce and a cheese slice

Served with breakfast potatoes



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### **A La Carte Selections**

Eggs; any style 1 Egg \$1.49 / 2 Eggs \$2.49

Bacon (3 slices), Homemade Fish Cakes (2 cakes) or Sausage Links (2 links) \$3.49

Homemade Baked Beans \$6.49

Green Tomato Chow \$1.49

Toast (2 slices) \$3.49

Toasted Bagel \$3.99

Hot Oatmeal \$2.49

Breakfast Potatoes \$4.99

Toasted Bagel with low fat cream cheese \$4.49

### **Beverages**

Coffee; locally roasted and fresh ground \$2.49

Tea \$1.99

Decaf and Specialty Teas \$2.19

Juice; Apple, Orange, Cranberry, Grapefruit or Tomato Small \$2.49 Large \$3.99

White or Chocolate Milk Small \$2.49 Large \$3.99

### **Espresso**

Espresso \$2.49

Americano \$2.49

Steamer \$3.49

Chai Latte \$3.49

Latte \$3.49

Cappuccino \$3.49

Café Mocha \$4.49

Flavour Shot \$.87